

MEET OUR TEAM!



The OSI team (left to right): Dr. Michele Boivin, Dr. Jakov Shlik, Pam Jackson, Dr. Robert Bialik, Dr. Rajiv Bhatla and Anne Bailliu. Sitting: Dr. Anik Gosselin, Shelley Hale, Jo-Ann Uline and Carrie Robertson. Missing: Faye Bryers and Dr. Sarah Bertrim.

DID YOU KNOW?

- Since July 2008, we have received 322 referrals
- 86% of clients are veteran Canadian Forces (CF)/reservists, 10% are serving CF/reservists, 4% are RCMP members or veterans
- 87% male, 13% female
- Ranging in age from 22-89 years
- Average age is 48 years
- 9% of referrals are family members

For your convenience, the clinic offers long distance appointments using two-way videoconferencing through the Ontario Telemedicine Network (OTN). In the month of June 2011, 17 clients received these services.



Photo courtesy of the Ontario Telemedicine Network

Ottawa
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News

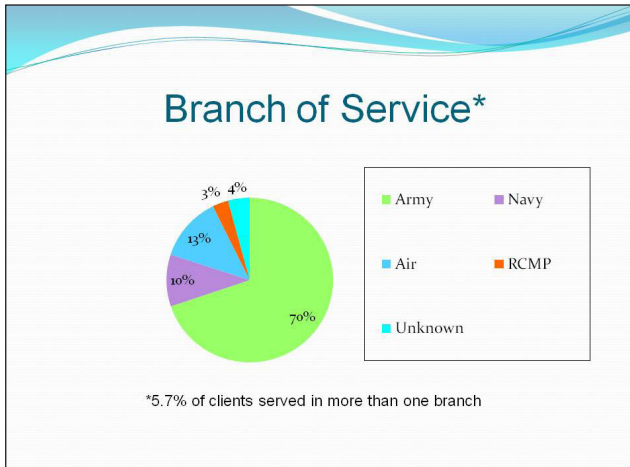
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Santé mentale - Soins et recherche

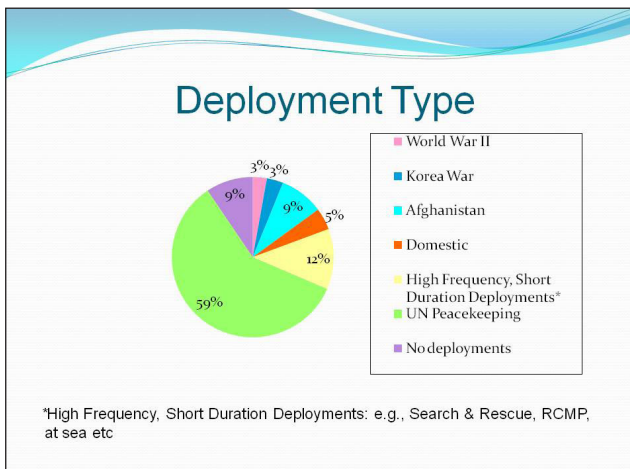
Canada

WHO WE SERVE

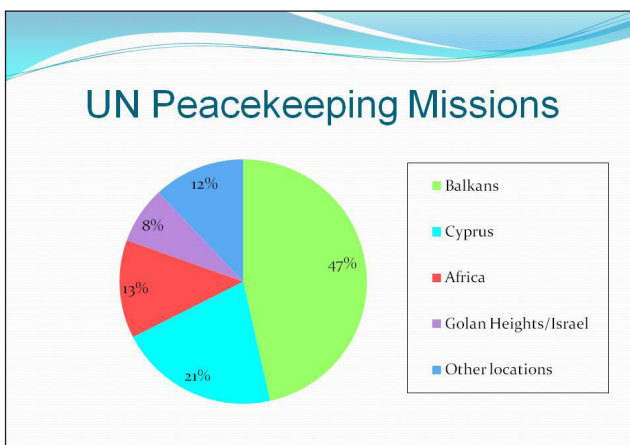
The following data represent the current or veteran members of the CF or RCMP who have been served by the OSI clinic and for whom this information is available.



The duration of CF/RCMP service ranged from 1 year to 41 years (average = 19 years).



The number of deployments per client ranged from 0 to 9 (average = 2.0). Of those clients who were deployed for peacekeeping missions, the most common locations are shown below.

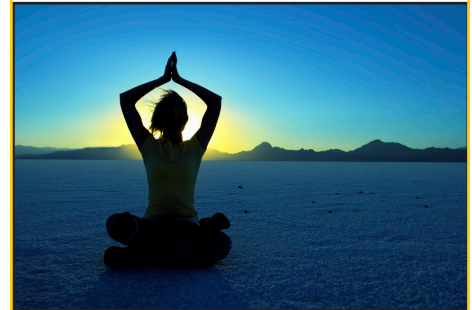


Other locations include: Haiti (4%), Kuwait/Iraq (2%), Cambodia (2%), Syria (2%), Honduras (1%), Iran (0.5%), Hong Kong (0.5%)

GROUPS

The following groups will run in the clinic this fall:

- Emotion Regulation Group
- Insomnia Group
- Mindfulness Group
- As well as a Yoga Class



For more information about groups, please contact a member of your treatment team.

RESEARCH PARTICIPATION

- We are currently recruiting for a research study that will examine social, emotional and behavioral problems in children of Canadian combat veterans.
- The Stress Eraser is a biofeedback device used for relaxation training and stress reduction. This device is currently available to our clients.

For more information about research, please contact Carrie Robertson, research coordinator, at 613.722.6521 x6291.

UPCOMING EVENTS

- The Canadian War Museum Witness to History Program and Royal Ottawa OSI Clinic. Thursday October 20th, 6:30–8:30 p.m. Three personal stories to be shared.

For resources and information about our clinic, please visit our website at www.theroyal.ca.

Royal Ottawa OSI Clinic

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