

Mental Health - Care & Research Santé mentale - Soins et recherche

Multi-Year Accessibility Plan 2024

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Executive Summary

This plan is about increasing access to services and minimizing barriers to participation for individuals with disabilities. The Accessibility for Ontarians with Disabilities Act (2005) has shifted the legal requirements by enacting specific standards that must be met (unlike the ODA, which did not have legally enforceable standards). Failure to comply runs the risk of a substantial fine of up to \$100,000 per day for an organization. Directors and officers of a corporation/organization that is guilty can be fined up to \$50,000 per day. The first standard enacted was the Customer Service Standard, which all public sector organization had to comply with by January 1, 2010. The long-term goal of the legislation is a barrier-free Ontario for people with disabilities by 2025 through the development and implementation of accessibility standards for the private and public sectors.

The Accessibility for Ontarians with Disabilities Act (AODA) was instituted in 2005. The Customer Service Standard is the first standard to become law healthcare facilities were required to meet this standard by January 2010. The legislation established requirements for the interaction and guidance on how to treat people with disabilities. In July 2011, the 'Integrated Standard' came into effect. This Standard addresses Information and Communication, Employment, and Transportation with compliance deadlines ranging from 2012-2015 for large public sector organizations such as The Royal.

The Royal's Accessibility Plan describes measures taken in to identify, remove and prevent barriers for individuals with both visible and invisible disabilities including clients, staff, clients, community, visitors and other members of the community. This Plan also provides an overview of The Royal and its commitment to accessibility planning. The Royal recognizes that individuals with disabilities have a right to expect the same access to health services as those without disabilities. Our accessibility plan is designed to ensure we meet legal requirements as well as increasing inclusive and equitable treatment of individuals with disabilities.

Our plan is based on legislative requirements, an audit of the physical environment, review of internal policies, information technology and facilities, and feedback from committee members and others Additionally, The Royal addresses many of the elements of signage, wayfinding, access and mobility within the parameters of its designation as a Senior-Friendly Hospital.

The Aims and Objectives of the Accessibility Plan

Accessibility for people with disabilities is understood as relating to attitudes, knowledge and skills of service providers; policies and practices, buildings and design, information and communication, and as such relate to many departments at The Royal. The collective actions of these departments determine our level of accessibility, integration and efficacy regarding disability issues from a client, family member, staff or community perspective. This Plan is designed to describe the processes used to identify, remove and prevent barriers; the progress made towards enhancing accessibility at The Royal and; how The Royal will ensure compliance and inform the public of this.

The Royal is one of Canada's foremost mental health care and academic health science centres. Our mandate is simple: to get more people living with mental illness into recovery faster. The Royal combines the delivery of specialized mental health care, advocacy, research and education to transform the lives of people with complex and treatment resistant mental illness. The Royal's Institute of Mental Health Research is proudly affiliated with the University of Ottawa. The Royal Ottawa Foundation for Mental Health raises funds to support the best possible patient care and leading-edge research provided by the Royal Ottawa Mental Health Centre, the Brockville Mental Health Centre, and the uOttawa Institute of Mental Health Research. The Royal's Brain Imaging Centre is a state-of-the art research facility featuring a positron emission tomography-magnetic resonance imaging (PET-MRI) scanner — the first of its kind in Canada dedicated solely to mental health and neuroscience research. The Atlas Institute works with Veterans, Families, service providers, and researchers to identify the best possible mental health care and supports for those who have given so much to Canada.

The Royal takes an integrated approach to the treatment of people with mental health concerns. Treatment is tailored to each individual and developed in collaboration with clients and their support system. Research and education also play an important part at The Royal improving treatment for clients and mentoring the next generation of mental health experts. The clinical programs at The Royal focus on mood & anxiety disorders; community mental health; forensic psychiatry;; geriatric psychiatry; schizophrenia; sleep disorders; substance use & concurrent disorders; and youth psychiatry. Each program provides services not only to clients in the hospital but on an outpatient basis as well. Programs also provide community treatment and outreach to long term care homes, shelters and other community organizations. The Royal connects with over 100,000 clients and families yearly. Strongly supported by government, business and community leaders, The Royal has strong community links to Eastern Ontario while advancing global research into the brain and mental health.

Our Vision...

Mental health care transformed through partnerships, innovation and discovery *Our Mission...*

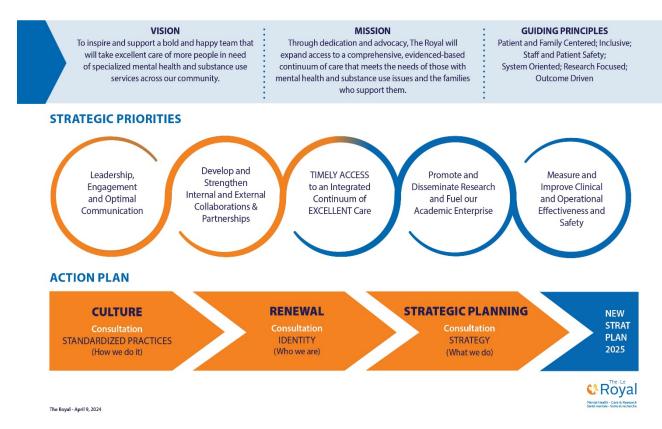
Delivering excellence in specialized mental health Care, Advocacy, Research and Education

Our Values...

We are guided by innovation and a passionate commitment to collaboration, honesty, integrity and respect.

INTERIM STRATEGIC PLAN

APRIL 2024 TO APRIL 2025



The Accessibility Committee at The Royal (Appendix 1)

This committee aims to increase integration, communication and accountability for accessibility at The Royal. Two pieces of legislation anchor the work of the committee, the Ontarians with Disabilities Act (2001) and the Accessibility for Ontarians with Disabilities Act (2005), the purpose of which is to improve opportunities for people with disabilities and to ensure the identification, removal and prevention of barriers to their full participation in the life of the province. This committee monitors organization wide accessibility to ensure that The Royal, at a minimum, meets the legal requirements of accessibility legislation (AODA) through the ongoing monitoring, of our annual accessibility plan, and works to promote and increase accessibility, equity and integration for people with disabilities across The Royal.

Membership of the committee will include but not be limited to, representatives from Client and Family Advisory Councils, Information Technology (IT), Learning & Development, Facilities Management, Clinical Staff, Human Resources, Royal Ottawa Place, Carlingwood, BMHC, Occupational Health and Safety, Infection Control, IMHR, ROFMH, Clinical Support Services, Manager–Client & Family Relations, Communications and Supply Chain Management. Membership will include representatives with expertise on disability and equity, including those with lived experience of disabilities.

The Accessibility Committee will monitor the implementation of the Accessibility Plan. The status of the Plan, as well as the supporting policies will be reviewed on an annual basis as well as at quarterly meetings. The Accessibility Committee will ensure that the Accessibility Plan is posted on the external website of The Royal (<u>http://www.theroyal.ca/</u>) and is available in alternative formats upon request. In addition, there is an Accessibility page on the internal web (OREO) with links to mandatory training, articles and presentations for staff.

Methods used to Identify Barriers at The Royal

- The Manager Client and Family Relations receives feedback from clients and the public related to disability and accessibility, and triages these to the appropriate person(s)/department.
- Detailed audits of the facility, the support systems and the work environment are ongoing.
- Staff are encouraged to report any accessibility-related concerns to their manager and/or the Accessibility Committee via accessibility@theroyal.ca

The results of input from the above, along with the AODA standards and regulations, provide a basis for a prioritized barrier-removal strategy included in this Accessibility Plan.

Education on Accessibility and Related Legislation at The Royal.

The Royal will provide training to all staff who deal with the public on their behalf, and all who are involved in the development and approval of Accessibility policies, practices and procedures whether or not they are directly involved in providing care and/or services. This mandatory e-learning training will be provided to current staff and at orientation of new staff. Staff will also be notified by email and printed updates when changes are made to these policies, practices and procedures. Training will include but will not be limited to the following:

- The purposes of the AODA, IASR and OHR Code and the requirements of the associated legislation.
- How to interact and communicate with individuals with various types of disabilities.
- How to communicate with clients over the telephone in clear and plain language and to speak clearly and slowly.
- How to interact with individuals with disabilities who use an assistive device or require the assistance of a service animal or a support person.
- How to use the assistive devices that may help with the provision of care and/or services to people with disabilities.
- What to do if an individual with a disability is having difficulty in accessing The Royal.
- ROHCG policies, practices and procedures relating to the way care and/or services are provided to individuals with disabilities

Barrier Removal & AODA Compliance Initiatives at The Royal

Note: Corporate Definition of Staff: includes all employees (permanent full time, part time, casual), physicians, registered volunteers, students, contractors and affiliates.

Category of	Identified Barrier	Processes required	Status
Barrier/Compliance item		for Improvement	
2010 Customer Service: Training & Education (mandatory requirement)	All Staff need to understand the Customer Service Standards and the Accessibility for Ontarians.	Education and Training 3 E-learning modules have been created as mandatory Accessibility Training for all new staff members. The modules are Accessible Customer Service, Disability and the Ontario Human Rights Code and the Integrated Accessible Standard Regulation.	All staff members have been training on Accessible Customer Service, Disability and the Ontario Human Rights Code and the IASR. All new staff members are required to complete this training upon hire. The Accessibility Committee determines accessibility initiatives and associated training on a yearly basis.
2010 Customer Service:	Policy must be posted publically (2010) and	Policies are reviewed on annual basis by all	CORP II-i 150 Providing of Barrier Free Environmen
Policy	available in alternative formats by Jan 2013	stakeholders. Policies are available in alternative	& CORP II-i 151 Accessible Formats
(mandatory requirement)		formats. They have become part of the mandatory training requirements for all staff. For new-hires, Corporate Welcome Program covers these two policies. On an annual basis, the policies are reviewed to ensure they remain current.	developed and part of ongoing mandatory education for all staff. Polices are available upon request in accessible format.
Customer Service:	Review & Revision of Policy on Annual basis.	Policies are tracked for annual review using	Ongoing
Policy		approval dates.	
2010 Customer Service: File Accessibility Report by Dec 31 st , 2010 (mandatory requirement)			Completed

Category of	Identified Barrier	Processes required	Status
Barrier/Compliance item		for Improvement	
2010-2011 Accessibility		ROHCG: Internet site	
Interventions completed		updated with variable font	
		option. Developed new	
		policy and procedure on	
		accessibility. Developed	
		accessibility training	
		programs for staff.	
		Improved signage to	
		accessible washrooms,	
		ROMHC: Installed 3	
		automatic door opens for	
		washrooms	
		Installed automatic door	
		open to tower entrance.	
		Renovated	
		switchboard/reception	
		areas to be accessible	
		Installed additional	
		accessible parking	
		Relocated accessible	
		parking closer to main	
		entrance	
		Reduced door opener	
		pressures	
		Installed delay door	
		closures on main routes of	
		travel	
		Fire enunciation for the	
		hard of hearing installed.	
		BMHC: Removed fencing	
		to improve access	
		between wards D & E	
		Installed additional	
		accessible parking space	
		close to Ward E	
		Site map with wheelchair	
		ramps developed	

Category of	Identified Barrier	Processes required	Status
Barrier/Compliance item		for Improvement	
2012 Information &	Any planned Service	Any planned service	Planned Service
Communications:	Disruptions must be	interrupts will be posted on	Interruptions on front
Emergency & Public Safety	public posted (external	the external web page. Any	page of External
Information	Website).	unplanned interruptions	Website and OREO.
	If Emergency Codes/	are announced overhead,	
(mandatory requirement)	Plans are available to	staff are notified by email	
	the Public they must be	and signage is posted.	
	available in Accessible	As The Royal does not	
	formats.	publically post	
		Emergency/Code	
		Responses the second part	
		does not apply.	
Information &		Facilities/IT notify in a	Ongoing
Communications:		timely manner of any	
Emergency & Public Safety		interruptions to	
Information		Accessibility Committee	
		Chair – Chair posts to	
		internal Website and	
		ensures Communications	
		posts to external Website	

Category of	Identified Barrier	Processes required	Status
Barrier/Compliance item		for Improvement	
2012 Employment: Provide individualized workplace emergency response information for employees who have a disability. (mandatory requirement)		Individualized Emergency Management Protocol in place and updated on annual basis. Staff who may need assistance due to a disability in evacuating their place of work in an emergency are encouraged to inform their managers and OHSS RNs so that an individualized plan is developed and tailored to suit their needs. The individualized emergency plans are communicated to the staff member's manager and the necessary facility staff (i.e., Building Fire Warden), on an "as needed" basis. On an ongoing regular basis, and as per the applicable terms of the IASR, The Royal will review and assess general workplace emergency response procedures and individualized emergency plans to ensure accessibility	Introduced initially to al staff with Accessibility roll out. Reminders sent in May of each year. Introduced to staff on their first contact with The Royal.
2013 General		issues are addressed. CORP II-i 150 Providing a	The policies are
Requirements:		Barrier Free Environment &	reviewed on an annual
Policies		CORP II-i 151 Accessible	basis to ensure they
FUILIES			•
(mondatory, requirement)		Formats have been	remain current.
(mandatory requirement)		implemented across the	
		organization.	

Category of Barrier/Compliance item	Identified Barrier	Processes required for Improvement	Status
2013 General Requirements: Multi-Year Accessibility Plan (mandatory requirement)	A multi-year accessibility plan outlining strategy to identify, remove and prevent barriers and meet requirements of IASR is established, implemented, maintained and documented. The accessibility plan is posted on website and provided in an accessible format upon request. Plan is reviewed and updated at least once every 5 years.	Plan developed and posted on External Web. Plan continuously under revision and posted to OREO.	Plan is reviewed annually.
2013 General Requirements: Kiosks (mandatory requirement)	Incorporate accessibility features when procuring or acquiring self-service kiosks.	As self-serve kiosks are replaced these features are to be incorporated into the tendering process. Currently ATM kiosk, Parking Kiosks and Change Machine do not	As kiosks are up for renewal procurement processes address accessibility needs.
General Requirements: Kiosks		meet standards. Improvement Required: Recommend that new ATM have backlighting and raised (touch related) keys to comply with AODA.	Vending machine in Winter Garden moved to a more accessible area. Vending machine has accessible features.
2013 General Requirements: Procurement or acquiring goods, services or facilities (mandatory requirement)	The Accessibility for Ontarians with Disabilities Act, 2005 (AODA) Accessibility Standard for Customer Service (ASCS) and the Integrated Accessibility Standards Regulation (IASR) requirements have been incorporated into organizational procurement policies and practices.	Must incorporate "Accessibility criteria & features" when procuring or acquiring goods, services or facilities (unless not practicable to do but must be able to explain why not if requested). Our Procurement policy includes language to ensure compliance with the AODA.	Incorporated into CORP II-i 130 Procurement and in internal processes
2013 General Requirements: File Accessibility Report by Dec 31 st , 2013 (mandatory requirement)			Completed

Category of Barrier/Compliance item	Identified Barrier	Processes required for Improvement	Status
2013 Information & Communications:	Provide appropriate resources for staff in	CORP II-i 150 Providing a Barrier Free Environment,	Resources available via L&D, PALMS (online
Educational & Training Resources and materials (mandatory requirement)	regards to accessibility	CORP II-i 151 Accessible Formats & CORP XI 140 Therapy & Service Animals have tools for staff. Three Mandatory Accessibility e- modules for staff to complete.	training system) and through corporate policies.
2013 Information &	All persons participating in	Part of corporate	All staff have mandatory
Communications : Training to Educators	development of organizational policy and other persons who provide	mandatory orientation program. Staff are required to review training module.	awareness training which ensures educators have the appropriate
(mandatory requirement)	goods, services or facilities on behalf of the organization, receive training		training as well.
2014 General	Training is appropriate to	Part of mandatory training	All staff have mandatory
Requirements: Training of all staff & volunteers (mandatory requirement)	the duties of the training participants	requirements for all new staff. Three Mandatory Accessibility e-modules for staff to complete.	awareness training.
2014 Information & Communications: Information Technology-All new internet websites & web content must conform with WCAG 2.0 A standards (mandatory requirement)	Internet and Intranet meets technical requirements of WCAG 2.0 on required schedule. This applies to websites and web content that an organization controls directly or through a contractual relationship that allows for modification of the product. This applies to web content published on a website after January 1, 2012	By Jan 2014 all content and all websites meet WCAG 2.0 A – and moving towards level AA by 2021. Currently upgrading all in-house e- learning and training to be accessible.	Website built in 2013 with WCAG 2.0 compliance in mind.
2014 Information &	Ensure feedback processes	Feedback system for Client	Client Feedback System
Communications: Accessible Feedback Process	are accessible by accessible formats and/or communication supports	Concerns to have enhanced feature on external Web to allow for feedback process.	receives Accessibility concerns (internal & External). Clients, staff
(mandatory requirement)	upon request.	Currently any concerns received by C& F Relations Manager are triaged to Director-OHSS/appropriate person(s). Posted to External & Internal Web.	and visitors are able to provide Accessibility related feedback through the email or via Client Feedback system

Category of	Identified Barrier	Processes required	Status
Barrier/Compliance item Information & Communications: Accessible Feedback Process		for Improvement Accessibility related concerns are submitted primary through our Accessibility email. C & F Relations Manager receives accessibility related feedback and passes the information on the appropriate parties including the Accessibility Committee.	Completed, but On- going
2014 Employment: • Recruitment • Accommodation • Return to Work • Performance Management, Career Development and redeployment (mandatory requirement)	Notify about accommodation in recruitment process Notify selected job applicants of the availability of accommodations Develop written process for documented individual accommodation plans Develop a documented return-to-work process Include accessibility considerations in performance management processes Include accessibility considerations and individual accommodation plans in career development and advancement and redeployment, including additional responsibilities	Incorporated into job postings and offer letters/emails.	Postings, offer letters and confirmation letter address accommodation.
2015 General Requirements: File Accessibility Report by Dec 31 st , 2015 (mandatory requirement)	within current position.		Completed

Category of Barrier/Compliance item	Identified Barrier	Processes required for Improvement	Status
2015 Information & Communication: Accessible Formats & Communication Supports (mandatory requirement)	Accessible formats and communication supports are provided in a timely manner that takes into account the person's accessibility needs due to disability and - at a cost that is no more than the regular cost charged to other persons.	CORP II-i 151 Accessible Formats outlines process for requesting. Information posted to external web with contact information for requests	Process in place within policy. All staff can fill out request on behalf o the requestor.
2015 Information & Communication: Educational Libraries – print- based resources (mandatory requirement)			Currently Library Services is able to accommodate requests
2015 Information & Communication: Producers of educational or training materials (mandatory requirement)		Professional Development Event promotions include AODA identification and coordinators/event staff trained to assist guests with all classifications of disabilities. L&D has purchased equipment to support persons with hearing and visual impairments. Auditorium facility equipped with elevator for access to lower level and spaces across upper bowl for wheelchair access. Continue to provide interpretation services via Canadian Hearing Society upon request.	Training/Education/ Public Sessions are all able to accommodate requests for accessible formats/communication
2016 Design of Public Spaces (Make accessible new or redeveloped): Recreational Trails (mandatory requirement)		Recreational trail at ROMHC has been in existence for over 50 years when the time comes to re- create or redesign, will apply accessibility requirements	Completed
2016 Design of Public Spaces (Make accessible new or redeveloped): Outdoor public use eating areas (mandatory requirement)		Acquired picnic tables summer 2015 which meet accessibility requirements	Completed

Category of Barrier/Compliance item	Identified Barrier	Processes required for Improvement	Status
2016 Design of Public Spaces (Make accessible new or redeveloped):		New youth basketball court – which meet accessibility requirements	Completed
Outdoor play spaces (mandatory requirement)			
2016 Design of Public Spaces (Make accessible new or redeveloped): Exterior paths of travel		Area leading to basketball court has been paved. Formally, soft and grassy area	Completed
(mandatory requirement) 2016 Design of Public Spaces (Make accessible new or redeveloped): On and off street parking lots (mandatory requirement)		ROMHC -560 Regular stalls, 24 APP stalls ROP- 27 Regular stalls, 2 APP stall.	The Royal meets the requirement of 4% of parking stalls being accessible.
2016 Design of Public Spaces (Make accessible new or redeveloped): Service counters, fixed queuing guides and waiting areas with fixed seating (mandatory requirement)		Service counters, fixed queuing guides and waiting areas with fixed seating- new admitting office and Carlingwood accessibility requirements were incorporated.	Ongoing
2016 Design of Public Spaces (Make accessible new or redeveloped): Maintain accessible elements of public spaces (mandatory requirement)		Ongoing maintenance of facility (i.e. snow removal salting, demarcation of accessible access, etc.) in place. Ensure that sites are wheel chair accessible all the time. The Royal will meet Accessibility Standards for the Design of Public Spaces when building or making major modifications to public spaces.	Ongoing
2017 General Requirements: File Accessibility Report by Dec 31 st , 2017 (mandatory requirement)			Completed
2019 General Requirements: File Accessibility Report by Dec 31 st , 2019 (mandatory requirement)			Completed

Category of	Identified Barrier	Processes required	Status
Barrier/Compliance item		for Improvement	
2020 Information &			Ongoing
Communications:			
Educational Libraries –			
multimedia/digital			
resources			
(mandatory requirement)			
2020 Information &			Ongoing
Communications:			
Producers of educational			
or training materials –			
supplementary print			
materials			
(mandatory requirement)			
2021 Information &		The Royal will ensure AODA	The Royal currently
Communications:		compliance is included as	complies with WWW
All internet websites and		one of the criteria in	Consortium's
web content conforms		selecting technology	Accessibility Guideline
with WCAG2.0 level AA		vendors for new website	(WCAG) 2.0
(excluding live caption and		development initiatives.	
audio description)		The Royal understands the	
(mandatory requirement)		importance of making our	
		websites and web content	
		accessible according to the	
		World Wide Web	
		Consortium's Web Content	
		Accessibility Guidelines	
		(WCAG) 2.0. Make public	
		emergency information	
		accessible when requested.	
		Ensure our public website is	
		compatible with third party	
		accessibility software; Provide accessible alternate	
		versions if technology	
2021 Conorol		permits.	Completed
2021 General			Completed
Requirements:			
File Accessibility Report by Dec 31 st , 2021			
-			
(mandatory requirement)			

Category of	Identified Barrier	Processes required	Status
Barrier/Compliance item		for Improvement	
2022		Flow of traffic at the ROP	
		Main entrance loop was	
		changed on May 2022 from	
		a 2-way to a 1-way.	
		Vehicles are now required	
		to enter the main entrance	
		loop from the Carling Ave	
		side and exit on the staff	
		parking lot exit side.	
		Providing a one-way access	
		to the main entrance	
		safeguards patient safety,	
		especially for those in	
		wheelchairs, and provides	
		better accessibility for	
		drop-off and pick-ups at the	
		front entrance.	
2023		Patient bathroom	
2025		renovation. Eighty	
		thousand dollars (\$80,000)	
		used in the Schizophrenia	
		Department to ensure	
		bathroom is accessible and	
		senior-friendly.	
		Renovated the hair salon at	
		the Long Term Care Recreation Center. Sixteen	
		thousand dollars	
		(\$16,000.00) spent on	
		renovation to meet the	
		accessibility needs of	
2024		residents.	
2024		Three Auditorium door	
		entrances and one	
		washroom door, opposite	
		Room 5439, were fitted	
		with	
		Heavy Duty Door Operators	
		at Fifteen thousand, nine	
		hundred dollars (\$15,900)	
		to provide accessible	
		access.	

Category of	Identified Barrier	Processes required	Status
Barrier/Compliance item		for Improvement	
		Installed 4 speaker strobes	
		on the Level 5 washroom	
		and the Finance Office to	
		meet NFPA, CSA B651-18,	
		and City of Ottawa	
		Accessibility Design	
		Standards 5.6.1.and 5.6.2 at	
		\$26,000.00	
		Widening of two	
		doorways. Entrance to the	
		hairdressing room at ROP,	
		and another	
		entrance off the lobby into	
		the courtyard at ROP were	
		widened to promote	
		wheelchair access at	
		\$30,000	

Appendix 1