



## A More Hopeful Future

*Help The Royal Transform Mental Health Care*

- What:** The Royal's Leaders for Mental Health Breakfast
- Date:** Wednesday, October 4, 2023
- Location:** EY Centre (4899 Uplands Dr, Ottawa, ON K1V 2N6)
- Schedule:**
- 7:30 a.m. Doors open | Captain check-in
  - 8:00 a.m. Guest check-in & coffee served | Interactive Guest experience | Networking | Connect with world- renowned mental health scientists from The Royal
  - 9:00 a.m. Live program hosted by Sonya Shorey, Vice President, Strategy, Marketing and Communications, Invest Ottawa and Bayview Yards
  - 10:00 a.m. Join mental health leaders in a post-event networking and mental health research engagement experience

The Royal is transforming a complex and often challenging-to-navigate healthcare system. And we need your help!

On Oct. 4, over 1,000 people from across the national capital region will gather to support The Royal's efforts to help people get the right care sooner. Proudly established as the largest fundraising breakfast in eastern Ontario, your attendance and support at this special event demonstrates your commitment and leadership to improving mental health.

I would be honoured to have you as a guest at my table to help make the mental health care system work for everyone.

I hope I can count on your support at the Leaders for Mental Health Breakfast!

Ready to register? Visit [leadersformentalhealth.com](https://leadersformentalhealth.com) and join my table today!