The Royal's Institute of Mental Health Research YOUNG RESEARCHERS' with the University of Ottawa Institut de recherche BRAIN HEALTH RESEARCH DAY sur le cerveau Ш **Brain and Mind** Thursday, May 9th |The Royal's Institute of Mental Health Research uOttawa **Research Institute REGISTRATION | The Royal's Institute of Mental Health Research (IMHR)** 8:15-9:00 Lobby of Auditorium 1410 SESSION I Auditorium 1410 WELCOME | Zul Merali, PhD – President and CEO of the Royal's Institute of Mental Health Research **Research Spotlights:** Paul Albert, PhD – Senior Scientist, Ottawa Hospital Research Institute, uOBMRI 9:00-10:30 Leah Layman-Pleet, MD – Clinical Lecturer, Department of Psychiatry, University of Ottawa **Trainee Research Exposé:** Sabina Franklyn – Department of Psychology, Carleton University Natasha Osborne – Department of Cellular and Molecular Medicine, University of Ottawa Ahmad Galuta – Neuroscience Program, Ottawa Hospital Research Institute, uOttawa **REFRESH BREAK & THE OTSUKA-LUNDBECK HEALTH ALLIANCE POSTER SESSION** 10:30-11:20 Winter Garden (2nd Floor of the Royal Ottawa Mental Health Centre) SESSION II CONCURRENT WORKSHOPS Brain Dates | Rooms 1420 and 1423 Download the 'Attendify' app 11:20-12:30 Refer to badge for room designation search YR-BHRD 2019 Sleep, Sleep, Sleep | Auditorium 1410 or go to yrbhrd.connect.omnipress.com Research in Action | Room 1425 LUNCH & THE OTSUKA-LUNDBECK HEALTH ALLIANCE POSTER SESSION 12:30-14:00 Lobby of Auditorium 1410 & the Winter Garden SESSION III Auditorium 1410 **Research Spotlights:** 14:00-14:45 Zachary Kaminsky, PhD – DIFD Mach-Gaensslen Chair in Suicide Prevention, IMHR Melissa Chee, PhD – Assistant Professor, Department of Neuroscience, Carleton University 14:45-15:00 **REFRESH BREAK** | Lobby of Auditorium 1410 THE ANTOINE HAKIM KEYNOTE LECTURE Liisa Galea, PhD 15:00-16:00 Auditorium 1410

"Game of Hormones: Why Sex Matters for Brain Health"

CLOSING: Presentation of Awards | Auditorium 1410

17:00 After-conference social event at Monkey Joe's Bar & Grill | 1265 Carling Ave – 5 min. walk from IMHR

Thank you to our sponsors:

16:00

