Financial Statements of

ROYAL OTTAWA FOUNDATION FOR MENTAL HEALTH

And Independent Auditors' Report thereon

Year ended March 31, 2021



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INDEPENDENT AUDITORS' REPORT

To the Board of Directors of the Royal Ottawa Foundation for Mental Health

Opinion

We have audited the financial statements of the Royal Ottawa Foundation for Mental Health (the "Entity"), which comprise:

- the statement of financial position as at March 31, 2021;
- the statement of operations for the year then ended;
- the statement of changes in fund balances for the year then ended;
- the statement of cash flows for the year then ended;
- and notes to the financial statements, including a summary of significant accounting policies.

(Hereinafter referred to as the "financial statements").

In our opinion, the accompanying financial statements, present fairly, in all material respects, the financial position of the Entity as at March 31, 2021, and its results of operations, its changes in fund balances, and its cash flows for the year then ended in accordance with Canadian Accounting standards for not-for-profit organizations.

Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the "Auditors' Responsibilities for the Audit of the Financial Statements" section of our auditors' report.

We are independent of the Entity in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada and we have fulfilled our other responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.



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Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Entity's ability to continue as a going concern, disclosing as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Entity or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Entity's financial reporting process.

Auditors' Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditors' report that includes our opinion.

Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit.

We also:

 Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion.

The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.



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- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditors' report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditors' report. However, future events or conditions may cause the Entity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.
- Communicate with those charged with governance regarding, among other
 matters, the planned scope and timing of the audit and significant audit
 findings, including any significant deficiencies in internal control that we
 identify during our audit.

Chartered Professional Accountants, Licensed Public Accountants

Ottawa, Canada

LPMG LLP

May 20, 2021

Financial Statements

Year ended March 31, 2021

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Statement of Financial Position

March 31, 2021, with comparative information for 2020

		2021		2020
Assets				
Current assets:				
Cash	\$	4,349,619	\$	3,601,639
Accounts and other receivables		79,516		40,696
Prepaid expenses		16,666		13,878
		4,445,801		3,656,213
Investments (note 3)		15,765,611		12,485,936
Capital assets (note 4)		116,006		140,328
	\$	20,327,418	\$	16,282,477
Liabilities and Fund Balances				
Current liabilities:				
Accounts payable and accrued liabilities	\$	369,966	\$	112,001
Due to related entities (note 5)	*	440,715	*	460,563
		810,681		572,564
Fund balances:				
General - internally restricted (note 7)		1,136,052		1,609,671
General - unrestricted		4,508,910		1,125,395
Externally restricted - special purpose (note 8)		13,740,282		12,843,354
Externally restricted - endowment (note 9)		131,493		131,493
		19,516,737		15,709,913
	\$	20,327,418	\$	16,282,477

Approved by the Board:			
Carollefin		Ma	
<u>"() (i) </u>	Director		Director

Statement of Operations

Year ended March 31, 2021, with comparative information for 2020

		Special	 	
	General	Purpose		
**************************************	 Fund	 Fund	 2021	 2020
Revenue:				
Special events	\$ 704,245	\$ 88,076	\$ 792,321	\$ 1,453,000
Donations	2,027,235	1,193,970	3,221,205	3,342,427
Campaign for Mental Health (note 12)	_	463,252	463,252	646,877
Future capital campaign	_	1,714,942	1,714,942	1,141,084
Interest and investment income				
(note 3)	585,992	4,602	590,594	1,854,114
Unrealized gains (losses) on				
investments	2,617,228	_	2,617,228	(2,215,285)
Government grants (note 15)	315,343		315,343	
	6,250,043	 3,464,842	9,714,885	6,222,217
Expenses:				
Administration	1,656,559		1,656,559	1,364,591
Special events	74,415	25,346	99,761	282,549
Planned giving/major gifts/general	107,356	_	107,356	123,062
Direct response	77,358	-	77,358	54,142
Future capital campaign	485,978	_	485,978	634,694
Amortization of tangible capital				
and intangible assets	37,599	_	37,599	28,146
	2,439,265	25,346	2,464,611	 2,487,184
Excess of revenue over expenses	 			
before research, patient and				
education contributions	3,810,778	3,439,496	7,250,274	3,735,033
Research, patient and education				
contributions (notes 7 and 8)	881,600	2,561,850	3,443,450	3,706,810
Excess of revenue over expenses	 	 		
	\$ 2,929,178	\$ 877,646	\$ 3,806,824	\$ 28,223

Statement of Changes in Fund Balances

Year ended March 31, 2021, with comparative information for 2020

	 General Fund		Special			
	Internally restricted	Unrestricted	Purpose Fund	Endowment Fund	2021 Total	2020 Total
Fund balance, beginning of year	\$ 1,609,671	1,125,395	\$ 12,843,354	\$ 131,493	\$ 15,709,913	\$ 15,681,690
Excess (deficiency) of revenue over expenses and contributions	(881,600)	3,810,778	877,646	-	3,806,824	28,223
Interfund transfers (notes 7 and 8)	407,981	(427,263)	19,282	_		-
Fund balance, end of year	\$ 1,136,052	4,508,910	\$ 13,740,282	\$ 131,493	\$ 19,516,737	\$ 15,709,913

Statement of Cash Flows

Year ended March 31, 2021, with comparative information for 2020

	 2021	 2020
Cash provided by (used in):		
Operating activities:		
Excess of revenue over expenses and contributions Items not affecting cash:	\$ 3,806,824	\$ 28,223
Amortization of tangible capital and intangible assets	37,599	28,146
Net unrealized losses (gains) on investments	(2,617,228)	2,215,285
Change in non-cash operating working capital (note 10)	196,509	(1,468,023)
	1,423,704	 803,631
Capital activities:		
Acquisitions of capital assets	(13,277)	(27,079)
Investing activities:		
Acquisitions of investments	(4,301,942)	(15,979,457)
Proceeds on disposition of investments	3,639,495	14,201,466
	(662,447)	 (1,777,991)
Increase (decrease) in cash	 747,980	 (1,001,439)
Cash, beginning of year	3,601,639	4,603,078
Cash, end of year	\$ 4,349,619	\$ 3,601,639

Notes to Financial Statements

Year ended March 31, 2021

1. Nature of entity:

The Royal Ottawa Foundation for Mental Health (the "Foundation") was incorporated under the Canadian Corporation Act as a not-for-profit arms-length fundraising organization governed by a volunteer Board of Directors. Effective October 17, 2013, the Foundation continued its articles of incorporation under the Canada Not-for-Profit Corporations Act. As a registered charity, the Foundation is exempt from income taxes under subsection 149 (1)(f) of the Income Tax Act (Canada).

2. Significant accounting policies:

The financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations and include the following significant accounting policies:

(a) Fund accounting:

The Foundation follows the restricted fund method of accounting for contributions for not-for-profit organizations. Transfers between funds are recorded as approved by the Foundation's Board of Directors. For financial reporting purposes, the fund balances have been classified into three funds consisting of the following:

- (i) The General Fund includes the day-to-day transactions in regard to the operations of the Foundation. Unless otherwise specified, any interest earned is included in the General Fund.
- (ii) The Special Purpose Fund includes donations, the use of which is restricted by the donor for research, patient and education purposes, and the Campaign for Mental Health (note 12).
- (iii) The Endowment Fund includes donations contributed for endowment. Interest and investment income earned on Endowment Fund investments is reported in the Special Purpose Fund or the General Fund depending on the nature of any restrictions imposed by the donor of the funds for endowment. It is intended that the original principal portion of the Endowment Fund be maintained intact.

(b) Fund balances restricted by the Board:

Amounts internally restricted by directives of the Board of Directors for research, patient and education purposes are recorded as internal restrictions of the Foundation's resources. As related expenditures are made, amounts are transferred from Board restricted fund balances to unrestricted fund balances.

Notes to Financial Statements (continued)

Year ended March 31, 2021

2. Significant accounting policies (continued):

(c) Financial instruments:

Financial instruments are recorded at fair value on initial recognition. Equity instruments that are quoted in an active market are subsequently measured at fair value. All other financial instruments are subsequently measured at cost or amortized cost, unless management has elected to carry the instruments at fair value. The Foundation has elected to carry its investments at fair value as they are managed and evaluated on a fair value basis.

Sales and purchases of investments are recorded on the trade date. Transaction costs incurred on the acquisition of financial instruments measured subsequently at fair value are expensed as incurred. All other financial instruments are adjusted by transaction costs incurred on acquisition and financing costs. These costs are amortized using the effective interest rate method.

Financial assets are assessed for indicators of impairment on an annual basis. Where an indicator of impairment is present, the Foundation determines if there is a significant adverse change in the expected amount or timing of future cash flows from the financial asset. If there is a significant adverse change in the expected cash flows, the carrying value of the financial asset is reduced to the highest of the present value of the expected cash flows, the amount that could be realized from selling the financial asset or the amount the Foundation expects to realize by exercising its right to any collateral. If events and circumstances reverse in a future period, an impairment loss will be reversed to the extent of the improvement, not exceeding the initial impairment charge.

(d) Capital Assets - tangible and intangible assets:

Computer equipment, software, furniture and donor wall are recorded at cost and are amortized on a straight-line basis over their estimated useful service life of five years. When a tangible capital or intangible asset no longer contributes to the Foundation's ability to provide services, its carrying amount is written down to its residual value.

(e) Revenue recognition:

Unrestricted donations and sponsorship contributions are recognized as revenue of the General Fund in the year received or receivable if the amount can be reasonably estimated and collection is reasonably assured.

Restricted contributions related to general operations are recognized as revenue of the General Fund when the conditions for the restriction have been met. Revenue from special events is recognized, net of applicable direct costs, in the year in which they occur in the appropriate restricted fund. All other restricted contributions are recognized as revenue of the appropriate restricted fund.

Notes to Financial Statements (continued)

Year ended March 31, 2021

2. Significant accounting policies (continued):

(e) Revenue recognition (continued):

Contributions for endowment are recognized as revenue in the Endowment Fund in the year received or receivable if the amount can be reasonably estimated and collection is reasonably assured.

Investment income earned on the Endowment Fund resources is recognized as revenue of the Special Purpose Fund or the General Fund depending on the nature of any restrictions imposed by the donor of the funds for endowment. Other investment income is recognized as revenue of the General Fund when earned. Investment income includes dividend and interest income, realized gains and losses on disposal of investments, and if applicable charges for other than temporary impairment of investments.

Unrealized gains and losses on available-for-sale financial assets are included directly in the respective fund balances until disposal or impairment of the asset. At that time, the related gains and losses are reclassified and included in the statement of operations of their respective fund as investment income.

Bequests are recognized as revenue when received. Pledges are not recorded until the donations are actually received.

(f) Expenses:

In the statement of operations, the Foundation presents its expenses by function.

Expenses are recognized in the year incurred and recorded in the function to which they are directly related. The Foundation allocates salary expenses as described in note 13.

(g) Donations in-kind:

Donations of equipment and goods which are distributed to the Royal Ottawa Health Care Group or University of Ottawa Institute of Mental Health Research are not recorded in these financial statements.

(h) Pension:

The Foundation is an employer member of the Healthcare of Ontario Pension Plan, which is a multi-employer, defined benefit pension plan. The Foundation has adopted defined contribution plan accounting principles for this Plan because insufficient information is available to apply defined benefit plan accounting principles.

Notes to Financial Statements (continued)

Year ended March 31, 2021

2. Significant accounting policies (continued):

(i) Use of estimates:

The preparation of the financial statements requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenue and expenses during the reporting periods. Actual results could differ from those estimates.

These estimates are reviewed annually and as adjustments become necessary, they are recognized in the financial statements in the period they become known.

3. Investments:

	2021	2020
Pooled investments Other investments	\$ 12,710,342 3,055,269	\$ 12,485,936 -
	\$ 15,765,611	\$ 12,485,936

(a) Pooled investment management account:

March 31, 2021	Cost	Carrying and fair value
Fixed Income Fund Canadian equities Fund Global equities	\$ 4,294,883 2,382,050 5,080,302	\$ 4,451,322 2,652,429 5,606,591
	\$ 11,757,235	\$ 12,710,342

March 31, 2020	Cost	Carrying and fair value
Fixed Income Fund Canadian equities Fund Global equities	\$ 4,634,854 2,830,954 6,605,521	\$ 4,455,060 2,191,029 5,839,847
	\$ 14,071,329	\$ 12,485,936

Notes to Financial Statements (continued)

Year ended March 31, 2021

3. Investments (continued):

(b) Other investments:

March 31, 2021	Cost	Carrying and fair value
Waratah Brookfield Real Estate RP Debt Opportunities TD Direct Investments	\$ 1,115,000 1,000,000 708,334 153,207	\$ 1,119,715 1,016,748 765,599 153,207
	\$ 2,976,541	\$ 3,055,269

As at March 31, 2021, the fixed income fund consists of the Government of Canada bonds, Canadian Provincial bonds, and global bonds with interest range that range from 0.25% to 9.75% (2020 - 1.25% to 7.85%) and maturity dates from April 2021 to October 2050 (2020 - April 2020 to October 2050).

4. Tangible capital and intangible assets:

	 Cost	 umulated ortization	2021 Net book value	2020 Net book value
Donor Wall Computer equipment Furniture Software	\$ 12,135 28,781 97,097 63,711	\$ 9,708 14,871 49,096 12,043	\$ 2,427 13,910 48,001 51,668	\$ 4,854 19,666 67,421 48,387
Total	\$ 201,724	\$ 85,718	\$ 116,006	\$ 140,328

At March 31, 2020, cost and accumulated amortization amounted to \$188,447 and \$48,119, respectively.

Notes to Financial Statements (continued)

Year ended March 31, 2021

5. Related entities:

The Foundation raises, manages and disburses funds to support the Royal Ottawa Health Care Group (the "Group") and the University of Ottawa Institute of Mental Health Research (the "Institute") in support of the best possible patient care and leading edge research. The Foundation's funds are used to purchase equipment for capital projects, to support research, and to contribute to the improvement of patient care.

(a) Royal Ottawa Health Care Group:

At March 31, 2021, the Foundation has an amount owing to the Group in the amount of \$440,715 (2020 - \$460,248) relating to inter-entity charges of \$2,067,042 and repayments of \$1,626,327 (2020 - charges of \$2,105,605 and repayments of \$1,645,357) during the year. The balance is non-interest bearing, has no fixed terms of repayment and is repayable on demand.

During the year, the Foundation transferred an amount of \$672,649 (2020 - \$1,275,359) to the Group as part of the Foundation's Campaign for Mental Health and provided an additional \$1,721,091 (2020 - \$447,255) towards the improvement of patient care.

(b) University of Ottawa Institute of Mental Health Research:

At March 31, 2021, the Foundation has an amount owing to the Institute in the amount of \$Nil (2020 - \$Nil). The balance is non-interest bearing, has no fixed terms of repayment and is repayable on demand.

Also during the year, the Foundation contributed a total of \$1,049,710 in support of the Institute's leading edge research (2020 - \$1,984,196).

(c) Royal Ottawa Volunteer Association:

At March 31, 2021, the Foundation has an amount owing to the Association of \$Nil (2020 - \$315). The balance is non-interest bearing, has no fixed terms of repayment and is repayable on demand.

(d) Ottawa Hospitals Food Association (formerly Healthcare Food Services, Inc.)

The Foundation and Healthcare Food Services, Inc. ("HFS") are related parties by virtue of both entities being related parties of the Group.

On May 13, 2019, the Board of HFS finalized the sale of substantially all of the assets of HFS to a third-party purchaser. As a result of the sale of the assets and through a motion of the Board of HFS, HFS distributed \$10,000,000 to the Foundations of the member Hospitals based on their respective contributions that created HFS. The Group's share of the distribution was \$1,386,699 representing 13.87% of the distribution, which was received by the Foundation in March 2020. A second distribution of \$2,500,000 to the member Hospitals was made in June 2020. The share received by the Foundation was \$346,675 representing another 13.87% of the total distribution. The amount is recorded as internally restricted donations on the statement of operations.

Notes to Financial Statements (continued)

Year ended March 31, 2021

5. Related entities (continued):

(e) Friends of Royal Ottawa Foundation, Inc.:

The purpose of the Friends of Royal Ottawa Foundation, Inc. (the "Friends"), is to further educational, scientific, and charitable purposes pursuant to the provisions of the Delaware General Corporation Law (the "DGCL") and other applicable laws.

The Foundation is affiliated to the Friends as a result of common board members between the two organizations and the Foundation provides certain administrative support services. The Friends has no amounts owing to the Foundation as at March 31, 2021.

6. Fund balances:

The Foundation's overall objective for its fund balances is to fund future projects and ongoing operations.

The Foundation manages its fund balances by appropriating amounts to internally restricted fund balances for anticipated future projects. These allocations are disclosed in note 7.

The Foundation also considers its endowments and special purpose funds, as disclosed in notes 8 and 9, to be part of its fund balances. The Foundation's objective with regards to these funds is to maintain the resources as stipulated by the externally imposed restrictions and to maximize investment income to increase funding available for use for research, patient, and educational purposes.

The Foundation is not subject to any other externally imposed capital requirements and its approach to capital management remains unchanged from the prior year.

Notes to Financial Statements (continued)

Year ended March 31, 2021

7. Internally restricted:

During the year, the Foundation's Board of Directors approved the following restrictions from unrestricted net assets and expenditures out of the previously restricted net assets:

	Balance, beginning of year	Interfund transfer	Net expenditures	Balance, end of year
Annual Gala Raffle Classic car raffle United We Care Fund Royal Ottawa Health	\$ 186,805 33,430 2,737	\$ 62,102 947 (1,743)	\$ 14,910 - -	\$ 233,997 34,377 994
Care Group	1,386,699	346,675	866,690	866,684
	\$ 1,609,671	\$ 407,981	\$ 881,600	\$ 1,136,052

The United We Care Fund, established in 2008, represents contributions made by staff through the annual United Way Campaign and designated to the "United We Care Fund". The first \$1,000 contributed to the Group's annual United Way campaign is matched by the Foundation by way of a transfer from unrestricted net assets.

Notes to Financial Statements (continued)

Year ended March 31, 2021

8. Special Purpose Fund:

The Special Purpose Fund represents unspent resources restricted by donors for research, patient and education purposes. The changes in the Special Purpose Fund balances are as follows:

	\$ 12,843,354	\$ 3,439,496	\$ 2,561,850	\$ 19,282	\$ 13,740,282
	180,780	5,030	3,250	337	182,897
Depression Research	3,387	900	1,125		3,162
Julia Ruddy and Christina Rud					
Depression Research	131,582	427	1,125		130,884
Allison Lees Memorial Legacy					
M. Loyer/J. Wilkins	662	553	1,000	337	552
Bill and Ivy Mellon	10,441	700			11,141
E. Flanders	34,708	2,450	-	-	37,158
Restricted income on endowment contributions					
	12,662,574	3,434,466	2,558,600	18,945	13,557,385
Sonizophilenia Program		95,000	11,953	2,025	
Psycho Geriatric Research Schizophrenia Program	59,566 228,951	945	44.053	2.005	60,511
Other ROHCG Funds	1,077,093	193,198	32,722	16,845	
Other IMHR Funds	231,605	143,224	118,652	40.045	256,177
Psychiatry Fund	36,107	5,000	440.050		41,107
Other Associates in	00.407	E 000			44 407
Mood Disorders	120,438	19,107	1,378	25	138,192
Schizophrenia Research	73,790	40.407	20,000		53,790
IMHR Chair in	70.700				
Estate of Emma Eliza Gray	36,463	_	-	_	36,463
Research Fund	600,449	68,781	1,125		668,105
E.J. James Depression	000 440	00.704	4 40**		222 : 22
Daron Fund (The)	456,327	109,357		4,228	569,912
Future capital campaign	6,484,761	1,714,942	898,261	(4,203	
Health	2,693,484	463,252	872,649		2,284,087
Campaign for Mental					
C-Prompt Clinic	5,000	594,105	599,105	<u></u>	-
Research	124,835	_		-	124,835
Associates in Psychiatry					
Fellowship	294,135		_		294,135
Associates in Psychiatry					•
Special purpose funds Addictions	\$ 139,570	\$ 27,555	\$ 2,755	\$ 25	\$ 164,395
0					
	of year	contributions	activities	transfers	year
	beginning	donor	on charitable	Interfund	end of
	Balance,	interest and	Expenditures		Balance,
		Restricted			

Notes to Financial Statements (continued)

Year ended March 31, 2021

9. Endowment Fund:

Contributions for endowment purposes are subject to externally imposed restrictions stipulating that the resources be maintained permanently. The Endowment Fund is comprised of the following amounts:

	2021	2020
E. Flanders	\$ 70,000	\$ 70,000
M. Loyer/J. Wilkins Bill and Ivy Mellon	15,793 20,000	15,793 20,000
Julia Ruddy and Christina Ruddy Depression Research	25,700	25,700
	\$ 131,493	\$ 131,493

Investment income of \$4,602 (2020 - \$4,602) from the endowment contributions is externally restricted and was accounted for as a revenue of the Special Purpose Fund.

10. Change in non-cash operating working capital:

	 2021	2020
Accounts and other receivables Prepaid expenses Accounts payable and accrued liabilities Due to related entities	\$ (38,820) (2,788) 257,965 (19,848)	\$ (8,574) (10,077) 3,276 (1,452,648)
	\$ 196,509	\$ (1,468,023)

11. Healthcare of Ontario Pension Plan:

Substantially all full time employees of the Foundation are eligible to be members of the Healthcare of Ontario Pension Plan (the "Plan"). This Plan is a multi-employer defined benefit pension plan. Employer contributions to the Plan during the year amounted to \$125,241 (2020 - \$125,987). These amounts are included in salaries and benefits expense in note 13.

Pension expense is based on Plan management's best estimates, in consultation with its actuaries, of the amount, required to provide a high level of assurance that benefits will be fully represented by fund assets at retirement, as provided by the Plan. The funding objective is for employer contributions to the Plan to remain a constant percentage of employees' contributions.

Variances between actuarial funding estimates and actual experience may be material and any differences are generally to be funded by the participating members. The most recent triennial actuarial valuation of the Plan as at December 31, 2019 indicates the Plan is fully funded.

Notes to Financial Statements (continued)

Year ended March 31, 2021

12. Campaign for Mental Health:

In 2011, the Foundation launched a campaign to raise \$25 million over five years in support of and to enhance an extensive range of programs and projects of the Group and the Institute. As at March 31, 2021, \$24,046,002 (2020 - \$24,046,002) has been pledged, of which \$21,311,325 (2020 - \$20,848,073) has been collected. In total, \$18,445,242 (2020 - \$17,572,593) has been disbursed to the Group and the Institute.

13. Allocated expenses:

The Foundation allocates salary expenses to the Special Events and Future Capital Campaign based on percentages as determined by management. The salary expenses allocated and related percentages are presented in the following table.

	2021	 2020
Administration Special events Future capital campaign	\$ 1,424,290 23,165 433,326	\$ 1,081,846 56,794 580,161
	\$ 1,880,781	\$ 1,718,801
Administration Special events Future capital campaign	76% 1% 23%	63% 3% 34%
	100%	100%

14. Financial risks:

The Foundation has financial risks related to its financial instruments which consist of cash, investments, receivables, due from related entities, accounts payable and accrued liabilities, debt, and amounts due to entities. It is management's opinion that the Foundation generally is not exposed to significant credit, market or liquidity risks arising from these instruments. The impact of the COVID-19 pandemic is disclosed in note 15.

(a) Credit risk:

Credit risk refers to the risk that a counterparty may default on its contractual obligations resulting in a financial loss. The Foundation is exposed to this risk relating to its cash, investments and accounts receivable. The Foundation holds its cash and investment accounts with federally regulated chartered banks who are insured by the Canadian Deposit Insurance Corporation.

Notes to Financial Statements (continued)

Year ended March 31, 2021

14. Financial risks (continued):

(a) Credit risk (continued):

The Foundation's receivables are with governments, government funding agencies, and corporate entities. The Foundation believes that its receivables do not have significant credit risk in excess of allowances for doubtful accounts that have been established. An allowance for doubtful accounts has not been recognized as at the year ended March 31, 2021.

(b) Market risk:

Market risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate as a result of market factors. Market factors include three types of risk: currency risk, interest rate risk and other price risk.

(i) Interest rate risk:

Interest rate risk refers to the adverse consequences of interest rate changes on the Foundation's cash flows, financial position and investment revenue. Interest rate risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market interest rates. As at March 31, 2021, a 1% change to the market interest rate with all other variables held constant would have an estimated effect of \$96,124 (2020 - \$45,551) on the value of the bond portfolio. Financial assets and financial liabilities with variable interest rates expose the Foundation to cash flow interest rate risk. The Foundation is exposed to this risk through to its interest bearing investments. The Foundation's investments, including interest-bearing securities, are disclosed in note 3.

(ii) Currency risk:

Foreign currency exposure arises from the Foundation's holdings of foreign cash balances, equities and bonds. Included in investments (note 3) is \$7,419,610 (2020 - \$6,133,309) which is exposed to foreign currency movements. The Foundation monitors foreign equity and bond holdings on an ongoing basis with the assistance of its investment advisors. The Foundation does not use derivative financial instruments to mitigate the foreign currency risk.

(iii) Other price risk:

Other price risk is the uncertainty associated with the valuation of assets arising from changes in equity markets. The Foundation is exposed to this risk through its equity holdings within its investment portfolio. At March 31, 2021, a 10% movement in the stock markets with all other variables held constant would have an estimated effect on the fair values of the Foundation's equities of approximately \$799,388 (2020 - \$744,028).

Notes to Financial Statements (continued)

Year ended March 31, 2021

14. Financial risks (continued):

(c) Liquidity risk:

Liquidity risk is the risk that the Foundation will be unable to fulfill its obligations on a timely basis or at a reasonable cost. The Foundation manages its liquidity risk by monitoring its operating requirements. The Foundation prepares budget and cash forecasts to ensure it has sufficient funds to fulfill its obligations.

Accounts payable and accrued liabilities are generally due within 30 days of receipt of an invoice.

It is management's opinion that the Foundation is not exposed to significant market, credit, or liquidity risks arising from these instruments. These risks have not significantly changed from 2020.

15. Impact of Coronavirus COVID-19 pandemic:

In March of 2020, the COVID-19 outbreak was declared a pandemic by the World Health Organization and has had a significant financial, market and societal impacts.

Management has been forthright in undertaking certain strategies and actions to respond to the COVID-19 outbreak. The health and safety of all staff has been reinforced as the priority for the Foundation for Mental Health. Management has taken the following actions:

- implemented work-from-home requirements for employees, suspended travel and shifted events and face-to-face meetings to digital methods, the closure of its facilities in line with provincial guidelines.
- the Foundation sought access to available Government support such as the Canadian Emergency Wage Subsidy (CEWS).

Financial statements are required to be adjusted for events occurring between the date of the financial statements and the date of the auditors' report which provide additional evidence relating to conditions that existed at year-end. Management has assessed the financial impacts and there are no additional adjustments required to the financial statements at this time.

The Foundation continues to respond to the pandemic and plans for continued operational and financial impacts during the next fiscal year and beyond. Management has assessed the impact of COVID-19 and believes there are no significant financial issues that compromise its ongoing operations. The outcome and timeframe to a recovery from the current pandemic is highly unpredictable, thus it is not practicable to estimate and disclose its effect on future operations at this time.