Financial Statements of

ROYAL OTTAWA FOUNDATION FOR MENTAL HEALTH

And Independent Auditors' Report thereon

Year ended March 31, 2022



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INDEPENDENT AUDITORS' REPORT

To the Board of Directors of the Royal Ottawa Foundation for Mental Health

Opinion

We have audited the financial statements of the Royal Ottawa Foundation for Mental Health (the "Entity"), which comprise:

- the statement of financial position as at March 31, 2022;
- · the statement of operations for the year then ended;
- the statement of changes in fund balances for the year then ended;
- the statement of cash flows for the year then ended;
- and notes to the financial statements, including a summary of significant accounting policies.

(Hereinafter referred to as the "financial statements").

In our opinion, the accompanying financial statements, present fairly, in all material respects, the financial position of the Entity as at March 31, 2022, and its results of operations, its changes in fund balances, and its cash flows for the year then ended in accordance with Canadian Accounting standards for not-for-profit organizations.

Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the "Auditors' Responsibilities for the Audit of the Financial Statements" section of our auditors' report.

We are independent of the Entity in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada and we have fulfilled our other responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.



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Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Entity's ability to continue as a going concern, disclosing as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Entity or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Entity's financial reporting process.

Auditors' Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditors' report that includes our opinion.

Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit.

We also:

 Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion.

The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.



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- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditors' report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditors' report. However, future events or conditions may cause the Entity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.
- Communicate with those charged with governance regarding, among other
 matters, the planned scope and timing of the audit and significant audit
 findings, including any significant deficiencies in internal control that we
 identify during our audit.

Chartered Professional Accountants, Licensed Public Accountants

Ottawa, Canada

KPMG LLP

May 19, 2022

Financial Statements

Year ended March 31, 2022

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Statement of Financial Position

March 31, 2022, with comparative information for 2021

	2022	 2021
Assets		
Current assets:		
Cash	\$ 2,623,340	\$ 4,349,619
Accounts and other receivables	84,563	79,516
Prepaid expenses	30,221	16,666
	2,738,124	4,445,801
Investments (note 3)	16,491,766	15,765,611
Tangible capital and intangible assets (note 4)	75,661	116,006
	\$ 19,305,551	\$ 20,327,418
Liabilities and Fund Balances		
Current liabilities:		
Accounts payable and accrued liabilities	\$ 238,264	\$ 369,966
Due to related entities (note 5)	2,055,486	440,715
	2,293,750	 810,681
Fund balances:		
General - internally restricted (note 7)	177,046	1,136,052
General - unrestricted	3,786,799	4,508,910
Externally restricted - special purpose (note 8)	12,916,463	13,740,282
Externally restricted - endowment (note 9)	131,493	131,493
	17,011,801	19,516,737
	\$ 19,305,551	\$ 20,327,418

See accompanying notes to financial statements.

Director

Approved by the Board:

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Statement of Operations

Year ended March 31, 2022, with comparative information for 2021

		Special	***************************************		
	General	Purpose			
	Fund	Fund		2022	2021

Revenue:					
Special events	\$ 417,764	\$ 172,446	\$	590,210	\$ 792,321
Donations	1,945,358	1,456,053		3,401,411	3,221,205
Campaign for Mental Health (note 12)	_	258,856		258,856	463,252
Future campaign	-	1,196,699		1,196,699	1,714,942
Interest and investment income					
(note 3)	872,510	7,890		880,400	590,594
Unrealized gains on investments	34,082	No.		34,082	2,617,228
Government grants (note 15)	120,408			120,408	315,343
	3,390,122	 3,091,944		6,482,066	9,714,885
Expenses:					
Administration	1,693,790	_		1,693,790	1,656,559
Special events	77,532	39,836		117,368	99,761
Planned giving, major gifts, general	107,996	_		107,996	107,356
Direct response	72,264	_		72,264	77,358
Future campaign	277,617	_		277,617	485,978
Amortization of tangible capital					
and intangible assets	40,345	_		40,345	37,599
	2,269,544	39,836		2,309,380	2,464,611
Excess of revenue over expenses					
before research, patient and	4 400 ===0	0.050.400		4 470 000	7.050.074
education contributions	1,120,578	3,052,108		4,172,686	7,250,274
Research, patient and education					
contributions (notes 7 and 8)	2,794,113	3,883,509		6,677,622	3,443,450
		,,-		, ,	, ,
Excess (deficiency) of revenue over				WWW.	
	\$ (1,673,535)	\$ (831,401)	\$	(2,504,936)	\$ 3,806,824

See accompanying notes to financial statements.

ROYAL OTTAWA FOUNDATION FOR MENTAL HEALTH Statement of Changes in Fund Balances

Year ended March 31, 2022, with comparative information for 2021

		General Fund	ral F	nnd	Special			
		Internally			Purpose	Endowment	2022	2021
		restricted	ı	Unrestricted	Fund	Fund	Total	Total
Fund balance, beginning of year	6	1,136,052	€	4,508,910 \$	1,136,052 \$ 4,508,910 \$ 13,740,282	↔	131,493 \$ 19,516,737 \$ 15,709,913	\$ 15,709,913
Excess (deficiency) of revenue over expenses and contributions		(2,794,113)		1,120,578	(831,401)	1	(2,504,936)	3,806,824
Interfund transfers (notes 7 and 8)		1,835,107)	(1,842,689)	7,582	ſ	I	t
Fund balance, end of year	S	177,046	↔	3,786,799	177,046 \$ 3,786,799 \$ 12,916,463 \$		131,493 \$ 17,011,801 \$ 19,516,737	\$ 19,516,737

See accompanying notes to financial statements.

Statement of Cash Flows

Year ended March 31, 2022, with comparative information for 2021

	 2022	 2021
Cash provided by (used in):		
Operating activities:		
Excess (deficiency) of revenue over expenses		
and contributions	\$ (2,504,936)	\$ 3,806,824
Items not affecting cash:		
Amortization of tangible capital and intangible assets	40,345	37,599
Net unrealized gains on investments	(34,082)	(2,617,228)
Change in non-cash operating working capital (note 10)	1,464,467	196,509
	 (1,034,206)	1,423,704
Capital activities:		
Acquisitions of tangible capital and intangible assets	_	(13,277)
Investing activities:		
Acquisitions of investments	(1,557,685)	(4,301,942)
Proceeds on disposition of investments	865,612	3,639,495
	 (692,073)	 (662,447)
	,	
Increase (decrease) in cash	(1,726,279)	 747,980
Cook hasinning of year	4,349,619	3,601,639
Cash, beginning of year	4,043,013	0,001,000
Cash, end of year	\$ 2,623,340	\$ 4,349,619

See accompanying notes to financial statements.

Notes to Financial Statements

Year ended March 31, 2022

1. Nature of entity:

The Royal Ottawa Foundation for Mental Health (the "Foundation") was incorporated under the Canadian Corporation Act as a not-for-profit arms-length fundraising organization governed by a volunteer Board of Directors. Effective October 17, 2013, the Foundation continued its articles of incorporation under the Canada Not-for-Profit Corporations Act. As a registered charity, the Foundation is exempt from income taxes under subsection 149 (1)(f) of the Income Tax Act (Canada).

2. Significant accounting policies:

The financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations and include the following significant accounting policies:

(a) Fund accounting:

The Foundation follows the restricted fund method of accounting for contributions for not-for-profit organizations. Transfers between funds are recorded as approved by the Foundation's Board of Directors. For financial reporting purposes, the fund balances have been classified into three funds consisting of the following:

- (i) The General Fund includes the day-to-day transactions in regard to the operations of the Foundation. Unless otherwise specified, any interest earned is included in the General Fund.
- (ii) The Special Purpose Fund includes donations, the use of which is restricted by the donor for research, patient and education purposes, and the Campaign for Mental Health (note 12).
- (iii) The Endowment Fund includes donations contributed for endowment. Interest and investment income earned on Endowment Fund investments is reported in the Special Purpose Fund or the General Fund depending on the nature of any restrictions imposed by the donor of the funds for endowment. It is intended that the original principal portion of the Endowment Fund be maintained intact.

(b) Fund balances restricted by the Board:

Amounts internally restricted by directives of the Board of Directors for research, patient and education purposes are recorded as internal restrictions of the Foundation's resources. As related expenditures are made, amounts are transferred from Board restricted fund balances to unrestricted fund balances.

Notes to Financial Statements (continued)

Year ended March 31, 2022

2. Significant accounting policies (continued):

(c) Financial instruments:

Financial instruments are recorded at fair value on initial recognition. Equity instruments that are quoted in an active market are subsequently measured at fair value. All other financial instruments are subsequently measured at cost or amortized cost, unless management has elected to carry the instruments at fair value. The Foundation has elected to carry its investments at fair value as they are managed and evaluated on a fair value basis.

Sales and purchases of investments are recorded on the trade date. Transaction costs incurred on the acquisition of financial instruments measured subsequently at fair value are expensed as incurred. All other financial instruments are adjusted by transaction costs incurred on acquisition and financing costs. These costs are amortized using the effective interest rate method.

Financial assets are assessed for indicators of impairment on an annual basis. Where an indicator of impairment is present, the Foundation determines if there is a significant adverse change in the expected amount or timing of future cash flows from the financial asset. If there is a significant adverse change in the expected cash flows, the carrying value of the financial asset is reduced to the highest of the present value of the expected cash flows, the amount that could be realized from selling the financial asset or the amount the Foundation expects to realize by exercising its right to any collateral. If events and circumstances reverse in a future period, an impairment loss will be reversed to the extent of the improvement, not exceeding the initial impairment charge.

(d) Capital Assets - tangible and intangible assets:

Computer equipment, software, furniture and donor wall are recorded at cost and are amortized on a straight-line basis over their estimated useful service life of five years. When a tangible capital or intangible asset no longer contributes to the Foundation's ability to provide services, its carrying amount is written down to its residual value.

(e) Revenue recognition:

Unrestricted donations and sponsorship contributions are recognized as revenue of the General Fund in the year received or receivable if the amount can be reasonably estimated and collection is reasonably assured.

Restricted contributions related to general operations are recognized as revenue of the General Fund when the conditions for the restriction have been met. Revenue from special events is recognized, net of applicable direct costs, in the year in which they occur in the appropriate restricted fund. All other restricted contributions are recognized as revenue of the appropriate restricted fund.

Notes to Financial Statements (continued)

Year ended March 31, 2022

2. Significant accounting policies (continued):

(e) Revenue recognition (continued):

Contributions for endowment are recognized as revenue in the Endowment Fund in the year received or receivable if the amount can be reasonably estimated and collection is reasonably assured.

Investment income earned on the Endowment Fund resources is recognized as revenue of the Special Purpose Fund or the General Fund depending on the nature of any restrictions imposed by the donor of the funds for endowment. Other investment income is recognized as revenue of the General Fund when earned. Investment income includes dividend and interest income, realized gains and losses on disposal of investments, and if applicable charges for other than temporary impairment of investments.

Unrealized gains and losses on available-for-sale financial assets are included directly in the respective fund balances until disposal or impairment of the asset. At that time, the related gains and losses are reclassified and included in the statement of operations of their respective fund as investment income.

Bequests are recognized as revenue when received. Pledges are not recorded until the donations are actually received.

(f) Expenses:

In the statement of operations, the Foundation presents its expenses by function.

Expenses are recognized in the year incurred and recorded in the function to which they are directly related. The Foundation allocates salary expenses as described in note 13.

(g) Donations in-kind:

Donations of equipment and goods which are distributed to the Royal Ottawa Health Care Group or University of Ottawa Institute of Mental Health Research are not recorded in these financial statements.

(h) Pension:

The Foundation is an employer member of the Healthcare of Ontario Pension Plan, which is a multi-employer, defined benefit pension plan. The Foundation has adopted defined contribution plan accounting principles for this Plan because insufficient information is available to apply defined benefit plan accounting principles.

Notes to Financial Statements (continued)

Year ended March 31, 2022

2. Significant accounting policies (continued):

(i) Use of estimates:

The preparation of the financial statements requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenue and expenses during the reporting periods. Actual results could differ from those estimates.

These estimates are reviewed annually and as adjustments become necessary, they are recognized in the financial statements in the period they become known.

3. Investments:

	2022	 2021
Pooled investments Other investments	\$ 12,502,047 3,989,719	\$ 12,710,342 3,055,269
	\$ 16,491,766	\$ 15,765,611

(a) Pooled investment management account:

March 31, 2022	Cost	Carrying and fair value
Fixed Income Fund Canadian Equities Fund Global Equities	\$ 3,816,992 2,506,921 5,404,806	\$ 3,722,563 3,081,362 5,698,122
	\$ 11,728,719	\$ 12,502,047

March 21, 2021	Cost	Carrying and fair value
March 31, 2021	 Cost	iali value
Fixed Income Fund	\$ 4,294,883	\$ 4,451,322
Canadian Equities Fund	2,382,050	2,652,429
Global Equities	5,080,302	5,606,591
	\$ 11,757,235	\$ 12,710,342

Notes to Financial Statements (continued)

Year ended March 31, 2022

3. Investments (continued):

(b) Other investments:

	\$	2,976,541	\$	3,055,269
12 Direct investments		100,207		100,207
TD Direct Investments		708,334 153,207		765,599 153,207
Brookfield Real Estate RP Debt Opportunities		1,000,000		1,016,748
· · · · · · · · · · · · · · · · · · ·	\$	1,115,000	\$	1,119,715
Waratah	c	4 445 000	Φ	4 440 745
March 31, 2021		Cost		fair value
				Carrying and
PANCE AND ADDRESS OF THE PARCE AND ADDRESS OF		0,007,100	Ψ	0,000,710
	\$	3,697,130	\$	3,989,719
TD Direct Investments		12,309		12,287
Waratah AESG		850,000		840,277
RP Debt Opportunities		719,821		765,020
Brookfield Real Estate		1,000,000		1,169,544
Waratah	\$	1,115,000	\$	1,202,591
March 31, 2022		Cost		fair value
				Carrying and

As at March 31, 2022, the fixed income fund consists of the Government of Canada bonds, Canadian Provincial bonds, and global bonds with interest range that range from 0.25% to 11.75% (2021 - 0.25% to 9.75%) and maturity dates from August 2022 to July 2081 (2021 - April 2021 to October 2050).

4. Tangible capital and intangible assets:

	Cost	 cumulated nortization	2022 Net book value	2021 Net book value
Donor Wall Computer equipment Furniture Software	\$ 12,135 28,781 97,097 63,711	\$ 12,135 20,628 68,515 24,785	\$ - 8,153 28,582 38,926	\$ 2,427 13,910 48,001 51,668
Total	\$ 201,724	\$ 126,063	\$ 75,661	\$ 116,006

At March 31, 2021, cost and accumulated amortization amounted to \$201,724 and \$85,718, respectively.

Notes to Financial Statements (continued)

Year ended March 31, 2022

5. Related entities:

The Foundation raises, manages and disburses funds to support the Royal Ottawa Health Care Group (the "Group") and the University of Ottawa Institute of Mental Health Research (the "Institute") in support of the best possible patient care and leading edge research. The Foundation's funds are used to purchase equipment for capital projects, to support research, and to contribute to the improvement of patient care.

(a) Royal Ottawa Health Care Group:

At March 31, 2022, the Foundation has an amount owing to the Group in the amount of \$2,055,486 (2021 - \$440,715) relating to inter-entity charges of \$3,772,343 and repayments of \$1,716,857 (2021 - charges of \$2,067,042 and repayments of \$1,626,327) during the year. The balance is non-interest bearing, has no fixed terms of repayment and is repayable on demand.

During the year, the Foundation transferred an amount of \$981,865 (2021 - \$672,649) to the Group as part of the Foundation's Campaign for Mental Health and provided an additional \$2,950,231 (2021 - \$1,721,091) towards the improvement of patient care.

(b) University of Ottawa Institute of Mental Health Research:

At March 31, 2022, the Foundation has an amount owing to the Institute in the amount of \$Nil (2021 - \$Nil). The balance is non-interest bearing, has no fixed terms of repayment and is repayable on demand.

During the year, the Foundation contributed a total of \$2,745,526 in support of the Institute's leading edge research (2021 - \$1,049,710).

(c) Royal Ottawa Volunteer Association:

At March 31, 2022, the Foundation has an amount owing to the Association of \$Nil (2021 - \$Nil). The balance is non-interest bearing, has no fixed terms of repayment and is repayable on demand.

(d) Friends of Royal Ottawa Foundation, Inc.:

The purpose of the Friends of Royal Ottawa Foundation, Inc. (the "Friends"), is to further educational, scientific, and charitable purposes pursuant to the provisions of the Delaware General Corporation Law (the "DGCL") and other applicable laws.

The Foundation is affiliated to the Friends as a result of common board members between the two organizations and the Foundation provides certain administrative support services. The Friends has no amounts owing to the Foundation as at March 31, 2022.

Notes to Financial Statements (continued)

Year ended March 31, 2022

6. Fund balances:

The Foundation's overall objective for its fund balances is to fund future projects and ongoing operations.

The Foundation manages its fund balances by appropriating amounts to internally restricted fund balances for anticipated future projects. These allocations are disclosed in note 7.

The Foundation also considers its endowments and special purpose funds, as disclosed in notes 8 and 9, to be part of its fund balances. The Foundation's objective with regards to these funds is to maintain the resources as stipulated by the externally imposed restrictions and to maximize investment income to increase funding available for use for research, patient, and educational purposes.

The Foundation is not subject to any other externally imposed capital requirements and its approach to capital management remains unchanged from the prior year.

7. Internally restricted:

During the year, the Foundation's Board of Directors approved the following restrictions from unrestricted net assets and expenditures out of the previously restricted net assets:

	Balance, beginning of year	Interfund transfer	Net expenditures	Balance, end of year
Annual Gala Raffle Classic car raffle United We Care Fund Royal Ottawa Health Care Group	\$ 233,997 34,377 994 866,684	\$ 1,072 209 19 1,833,807	\$ 69,411 24,211 - 2,700,491	\$ 165,658 10,375 1,013
	\$ 1,136,052	\$ 1,835,107	\$ 2,794,113	\$ 177,046

The United We Care Fund, established in 2008, represents contributions made by staff through the annual United Way Campaign and designated to the "United We Care Fund". The first \$1,000 contributed to the Group's annual United Way campaign is matched by the Foundation by way of a transfer from unrestricted net assets.

Notes to Financial Statements (continued)

Year ended March 31, 2022

8. Special Purpose Fund:

The Special Purpose Fund represents unspent resources restricted by donors for research, patient and education purposes. The changes in the Special Purpose Fund balances are as follows:

WHAT ARE A SECOND AS A SECOND	Balance,	Restricted interest and	Expenditures	And the second s	Balance,
	beginning	donor	on charitable	Interfund	end of
•	of year	contributions	activities	transfers	year
Special purpose funds					
Addictions	\$ 164,395	\$ 4,256	\$ 9,542	\$ -	\$ 159,109
Associates in Psychiatry					
Fellowship	294,135		996	_	293,139
Associates in Psychiatry					
Research	124,835	_	_	_	124,835
C-Prompt Clinic	_	6,850			6,850
Campaign for Mental					
Health	2,284,087	258,856	1,296,865	_	1,246,078
Future campaign	7,297,239	1,196,699	2,205,285	7,892	6,296,545
Daron Fund (The)	569,912	132,023	_	_	701,935
E.J. James Depression					
Research Fund	668,105	574,949			1,243,054
Estate of Emma Eliza Gray	36,463	-	-	_	36,463
IMHR Chair in					
Schizophrenia Research	53,790	_	borrest	P	53,790
Mood Disorders	138,192	6,281	2,315	_	142,158
Other Associates in					
Psychiatry Fund	41,107	10,000		_	51,107
Other IMHR Funds	256,177	142,706	124,526	135,000	409,357
Other ROHCG Funds	1,254,414	691,977	105,557	(2,757)	
Psycho Geriatric Research Schizophrenia Program	60,511 314,023	_ 14,283	407 400	(400,000)	60,511
Schizophienia Program			137,423	(133,000)	
	13,557,385	3,038,880	3,882,509	7,135	12,720,891
Restricted income on					
endowment contributions	07.450	4.000			
E. Flanders	37,158	4,200	_	_	41,358
Bill and Ivy Mellon	11,141	1,200	- 4 000		12,341
M. Loyer/J. Wilkins Allison Lees Memorial Legacy	552	948	1,000	447	947
- ·	420.004	E 220			400.000
Depression Research Julia Ruddy and Christina Ruddy	130,884	5,338	_	_	136,222
Depression Research	3,162	1,542			1701
Doprossion (tesearci)	182,897	13,228	1,000	447	4,704 195,572
	102,097	10,220	1,000	447	190,072
	\$ 13,740,282	\$ 3,052,108	\$ 3,883,509	\$ 7,582	\$ 12,916,463

Notes to Financial Statements (continued)

Year ended March 31, 2022

9. Endowment Fund:

Contributions for endowment purposes are subject to externally imposed restrictions stipulating that the resources be maintained permanently. The Endowment Fund is comprised of the following amounts:

	 2022	2021
E. Flanders M. Loyer/J. Wilkins Bill and Ivy Mellon Julia Ruddy and Christina Ruddy Depression Research	\$ 70,000 15,793 20,000 25,700	\$ 70,000 15,793 20,000 25,700
	\$ 131,493	\$ 131,493

Investment income of \$7,890 (2021 - \$4,602) from the endowment contributions is externally restricted and was accounted for as a revenue of the Special Purpose Fund.

10. Change in non-cash operating working capital:

	2022	2021
Accounts and other receivables Prepaid expenses Accounts payable and accrued liabilities Due to related entities	\$ (5,047) (13,555) (131,702) 1,614,771	\$ (38,820) (2,788) 257,965 (19,848)
	\$ 1,464,467	\$ 196,509

11. Healthcare of Ontario Pension Plan:

Substantially all full time employees of the Foundation are eligible to be members of the Healthcare of Ontario Pension Plan (the "Plan"). This Plan is a multi-employer defined benefit pension plan. Employer contributions to the Plan during the year amounted to \$135,390 (2021 - \$125,241). These amounts are included in salaries and benefits expense in note 13.

Pension expense is based on Plan management's best estimates, in consultation with its actuaries, of the amount, required to provide a high level of assurance that benefits will be fully represented by fund assets at retirement, as provided by the Plan. The funding objective is for employer contributions to the Plan to remain a constant percentage of employees' contributions.

Variances between actuarial funding estimates and actual experience may be material and any differences are generally to be funded by the participating members. The most recent triennial actuarial valuation of the Plan as at December 31, 2019 indicates the Plan is fully funded.

Notes to Financial Statements (continued)

Year ended March 31, 2022

12. Campaign for Mental Health:

In 2011, the Foundation launched a campaign to raise \$25 million over five years in support of and to enhance an extensive range of programs and projects of the Group and the Institute. As at March 31, 2022, \$24,046,002 (2021 - \$24,046,002) has been pledged, of which \$21,570,181 (2021 - \$21,311,325) has been collected. In total, \$19,427,107 (2021 - \$18,445,242) has been disbursed to the Group and the Institute.

13. Allocated expenses:

The Foundation allocates salary expenses to the Special Events and Future Campaign based on percentages as determined by management. The salary expenses allocated and related percentages are presented in the following table.

Light Whitehall Control of the Contr	 2022	2021
Administration	\$ 1,377,679	\$ 1,424,290
Special events	37,489	23,165
Future campaign	235,349	433,326
	\$ 1,650,517	\$ 1,880,781
Administration	84%	76%
Special events	2%	1%
Future campaign	14%	23%
	 100%	 100%

14. Financial risks:

The Foundation has financial risks related to its financial instruments which consist of cash, investments, receivables, due from related entities, accounts payable and accrued liabilities, debt, and amounts due to entities. It is management's opinion that the Foundation generally is not exposed to significant credit, market or liquidity risks arising from these instruments. The impact of the COVID-19 pandemic is disclosed in note 15.

(a) Credit risk:

Credit risk refers to the risk that a counterparty may default on its contractual obligations resulting in a financial loss. The Foundation is exposed to this risk relating to its cash, investments and accounts receivable. The Foundation holds its cash and investment accounts with federally regulated chartered banks who are insured by the Canadian Deposit Insurance Corporation.

Notes to Financial Statements (continued)

Year ended March 31, 2022

14. Financial risks (continued):

(a) Credit risk (continued):

The Foundation's receivables are with governments, government funding agencies, and corporate entities. The Foundation believes that its receivables do not have significant credit risk in excess of allowances for doubtful accounts that have been established. An allowance for doubtful accounts has not been recognized as at the year ended March 31, 2022.

(b) Market risk:

Market risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate as a result of market factors. Market factors include three types of risk: currency risk, interest rate risk and other price risk.

(i) Interest rate risk:

Interest rate risk refers to the adverse consequences of interest rate changes on the Foundation's cash flows, financial position and investment revenue. Interest rate risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market interest rates. As at March 31, 2022, a 1% change to the market interest rate with all other variables held constant would have an estimated effect of \$60,655 (2021 - \$96,124) on the value of the bond portfolio. Financial assets and financial liabilities with variable interest rates expose the Foundation to cash flow interest rate risk. The Foundation is exposed to this risk through to its interest bearing investments. The Foundation's investments, including interest-bearing securities, are disclosed in note 3.

(ii) Currency risk:

Foreign currency exposure arises from the Foundation's holdings of foreign cash balances, equities and bonds. Included in investments (note 3) is \$7,286,267 (2021 - \$7,419,610) which is exposed to foreign currency movements. The Foundation monitors foreign equity and bond holdings on an ongoing basis with the assistance of its investment advisors. The Foundation does not use derivative financial instruments to mitigate the foreign currency risk.

(iii) Other price risk:

Other price risk is the uncertainty associated with the valuation of assets arising from changes in equity markets. The Foundation is exposed to this risk through its equity holdings within its investment portfolio. At March 31, 2022, a 10% movement in the stock markets with all other variables held constant would have an estimated effect on the fair values of the Foundation's equities of approximately \$877,948 (2021 - \$799,388).

Notes to Financial Statements (continued)

Year ended March 31, 2022

14. Financial risks (continued):

(c) Liquidity risk:

Liquidity risk is the risk that the Foundation will be unable to fulfill its obligations on a timely basis or at a reasonable cost. The Foundation manages its liquidity risk by monitoring its operating requirements. The Foundation prepares budget and cash forecasts to ensure it has sufficient funds to fulfill its obligations.

Accounts payable and accrued liabilities are generally due within 30 days of receipt of an invoice.

It is management's opinion that the Foundation is not exposed to significant market, credit, or liquidity risks arising from these instruments. These risks have not significantly changed from 2021.

15. Impact of Coronavirus COVID-19 pandemic:

In March of 2020, the COVID-19 outbreak was declared a pandemic by the World Health Organization and has had a significant financial, market and societal impacts.

Management has been forthright in undertaking certain strategies and actions to respond to the COVID-19 outbreak. The health and safety of all staff has been reinforced as the priority for the Foundation. Management has taken the following actions:

- implemented work-from-home requirements for employees, suspended travel and shifted events and face-to-face meetings to digital methods, the closure of its facilities in line with provincial guidelines.
- the Foundation sought access to available Government support such as the Canadian Emergency Wage Subsidy ("CEWS").

Financial statements are required to be adjusted for events occurring between the date of the financial statements and the date of the auditors' report which provide additional evidence relating to conditions that existed at year-end. Management has assessed the financial impacts and there are no additional adjustments required to the financial statements at this time.

The Foundation continues to respond to the pandemic and plans for continued operational and financial impacts during the next fiscal year and beyond. Management has assessed the impact of COVID-19 and believes there are no significant financial issues that compromise its ongoing operations. The outcome and timeframe to a recovery from the current pandemic is highly unpredictable, thus it is not practicable to estimate and disclose its effect on future operations at this time.