

The Ozerdinc Grimes Family Regional Psychosis Clinic

Welcome to Ozerdinc Grimes Family Regional Psychosis Clinic! This clinic serves adults over the age of 18 who experience persistent psychosis and require more specialized care than is typically offered by primary care providers.

We are open Monday to Friday, and are located on the third floor of The Royal's Ottawa campus (1145 Carling Ave., Ottawa ON). Our small interdisciplinary team consists of nurses, social workers, peer supporters, psychologists, and psychiatrists.

The clinic is open for referrals from general practitioners and primary care providers. Learn more below about the goals of the clinic, client eligibility criteria, services offered, and the referral process.

Goals of the clinic

- Reduce the morbidity and mortality associated with schizophrenia
- Improve opportunities for recovery
- Improve provider, client and family satisfaction
- Reduce hospital and emergency room utilization
- Reduce wait times across the system
- Create new opportunities for research and education
- Offer high quality services that are evidence-based and in line with provincial standards

Client eligibility criteria

- Diagnosis of schizophrenia or schizoaffective disorder
- Stable and wanting to seek treatment at the clinic
- Willing to see a different psychiatrist at maximum every 2-3 months
- Independently taking antipsychotic medication, preferably Clozapine or 2nd generation LAI (or willing to start either)
- Engaged with/request engagement with a registered nurse, social worker, or peer supporter
- Can engage in CBTp if requested
- Does not have a Community Treatment Order (CTO)
- Does not require occupational therapy or other allied health support (aside from social work)
- Between the ages of 18-65

Services offered

- CBT and other treatments for psychosis
- Social work consult
- Peer support specialist consult
- Clozapine bloodwork monitoring
- Long-acting injection
- Medication recommendations

Referral process

To refer an individual to our clinic, please complete [this Central Intake Referral Form](#) referencing "Schizophrenia program – RPC," and send it to The Royal's Central Intake at fax # 613-798-2976.

Questions? Visit www.theroyal.ca/regional-psychosis-clinic to learn more.